



**Applied Behavior (ABA) Foundation  
Course**

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**Stepping Stones Learning Institute**  
Bangalore, Karnataka

# What is Applied Behavior Analysis?

- **Science** – a study of **how behavior** is **learned** and how to **change** it
- **Behavior** is
  - Observable (Crying vs. Anxious)
  - Measurable (Number of crying)
  - Objective
  - Socially meaningful (**Applied**).
- Examine the environment to determine what factors are influencing the behavior (**Analysis**).
- Focus on:
  - Teaching new skills
  - Reduce dangerous/socially inappropriate Bx

# What do we NOT do?

- Talk about mental states (how we feel?) or diagnostic labels
- Avoid circular reasoning about disability:
  - E.g They are running around because they have ADHD. They have ADHD because they are running around.



# ABA and Autism

- ABA is an evidence based treatment used for intervention in the treatment of Autism Spectrum Disorder
- Multiple research studies have shown the effectiveness of ABA in building skills and reducing barriers to learning in clients with Autism
- Yu, Li, Li & Liang (2020) conducted a meta-analysis to study the effectiveness of interventions based on ABA for ASD and found outcomes of socialization, communication and expressive language to be promising targets for ABA based interventions. (Yu Q, Li E, Li L, Liang W. Efficacy of Interventions Based on Applied Behavior Analysis for Autism Spectrum Disorder: A Meta-Analysis. *Psychiatry Investig.* 2020 May;17(5):432-443).

# ABA Foundation Course

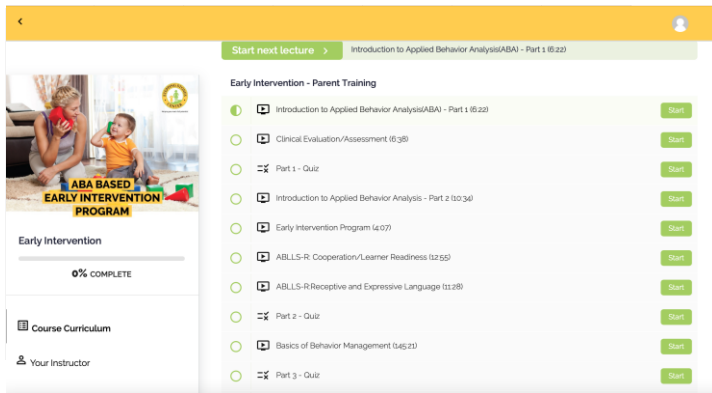
## Course Objective :

This course presents the principles of learning and behavior. Concepts of the science of behavior analysis and procedures will be examined in this course as tools of behavior change. In addition to skill acquisition strategies, assessment and interventions of problem Behaviors will be covered, as well as ethical considerations of behavior change.

## Course Structure:

40 hours theory module (online training) that covers the ABA concepts required for a technician (therapist) to be aware about.

Unique live weekly training with ABA Experts. Small groups to enhance learning experience



***Learn at your own time to fit your schedule!***

# Course Benefits

## Course Completion Certificate:

After the successful completion of the 40 hours module one receives the Completion certificate.

## Appear for Competitive Exams:

Clearing a competency assessment makes them eligible to apply for International ABA Training Credentials like the ABAT.

For Exam details, visit:

[ABAT:https://qababoard.com/aba-technician-credential/](https://qababoard.com/aba-technician-credential/)

## Employment:

Upon completion, participants will be able to implement procedures that assist in delivering direct behavior-analytic services to clients with developmental disabilities/delays, under the supervision of a behavior analyst.



# ABAT RBT



Please make a flowchart via smartArt... of the progression of qualification

Do the 40 hr training

Clear the course MCQ exam (Online)

Attend the internship

Clear the competency assessment on the practical skills learned

Obtain the BT Certification

Apply for ABAT certification to QABA & clear associated pre-requisites (Not included in our course)

Sit for the qualifying exam

Obtain the ABAT certification

# Course Structure

- Access to video recorded modules will be given on a weekly basis
- Clear MCQs based on the module with a score of 70%
- Connect with faculty for a 2 hour session to discuss the weekly module
- Gain access to the next module over 11 weeks
- Clear Final MCQ exam
- Gain access to internship



# WHO CAN ATTEND

- ❖ Speech Therapist/Occupational Therapist/Special Educator/Counsellor/Psychologist.
- ❖ Student pursuing Bachelors/Master in Psychology, Social work
- ❖ Teachers working in an inclusive setting.
- ❖ Student pursuing Bachelors/Master in Speech Language Pathology.
- ❖ Parent of child with special needs.
- ❖ Aspiring Teacher interested to work with children with special needs.

# Careers & Growth

- Behaviour Therapists can work in multiple settings:
  - Centre or Autism School
  - Support Therapist at an integrated school set-up
  - Therapist at home
  - Counselling for behaviour change
  - Rehabilitation

An ABAT can progress through multiple level, Masters degree certifications :

- Intermediary QASP-S <https://qababoard.com/qualified-autism-services-practitioner-supervisor/> &/or,
- a higher level, QBA certification <https://qababoard.com/qualified-behavior-analyst-credential/>

# WHY Stepping Stones Learning Institute



## Evidence Based

We follow the science of Applied Behavior Analysis (ABA) in all aspects of a child's therapy and intervention.



## Family Centric

SSLI puts family first and considers parents to be in the front and center of their child's therapy goals and progress.



## Interdisciplinary

All the members on the child's therapy team work in a collaborative environment, working shoulder to shoulder to achieve gains in the child's therapy goals.



***SS Learning Institute is the FIRST approved QABA Coursework Provider in INDIA!!!***

# FOR ENROLLMENT

## Coursework

- Start Date** : 3<sup>rd</sup> July 2023
- Batch Size** : 10-15
- Training Mode** : GMeet, Google Classroom (participant will need a valid GMail id)
- Duration** : 3months (11 live weekly trainings with BCBA)
- Fees** : INR 25,000.

## Internship

- Duration** : 10 working days
- Location** : Bangalore (Marathalli/Sarjapur/Kalyan Nagar)
- Internship includes observation of clients, competency assessment completion with BCBA
- Fees** : INR 15,000

# ABAT FAQ

## **1.What is the ABAT credential?**

ABAT stands for Applied Behaviour Analysis Technician and is an entry level credential offered by the Qualified Applied Behavior Analysis Credentialing Board (QABA®). ABATs are paraprofessionals who work directly with clients implementing behaviour analytic services under the supervision of a qualified QBA or QASP-S.

## **2.Why should I become an ABAT?**

The ABAT credential indicates to employers and consumers of behaviour analytic services that the paraprofessional has received quality training in specific evidence – based procedures.

## **3.What are the requirements for the ABAT credential?**

ABAT credential requirements are established by the QABA and include:

1. Age and Education : The applicant must be at least 18 years old and have a high school degree or equivalent prior to beginning the course.
2. Training : applicants must complete 40 hours of approved ABA, ethics, autism coursework and 15 hours of supervised fieldwork. Training must be developed by an accredited institution or master’s level or above professional who is licensed or credentialed in the scope of the subject matter.

## **Recommendation from their supervisor**

4. Criminal background check: Applicants must clear a criminal background check conducted by the QABA® Board through 3rd party (SecureTrac) or attestation letter from their employer.

These are the requirements for the application to take the board's exam for the ABAT credential.

## **4. Is the behaviour-based competency assessment (15 hours of supervised field work) included in Foundations of ABA?**

Yes! The Foundations of ABA includes an optional internship period at our Bangalore center. Alternatively, applicants can do an internship at a center of their choosing and obtain consent for supervision by us or arrange for supervision by a Board Certified Supervisor (BCBA or QBA). A qualified supervisor must supervise the candidate to assess the behaviour based competency. Please visit the <https://qababoard.com> for more information.

## **5. Does completing the Foundations of ABA course module mean I am certified or registered as an ABAT?**

It does not. Completing just the 40 hour training does not make one an ABAT. The ABAT credential requires additional steps, including 15 hours of supervision with a qualified supervisor, clearing a competency assessment and the QABA's ABAT exam.

## **6. Why should I choose Stepping Stones Center for my ABAT training?**

Stepping Stones Center has a team of Behaviour Analysts with experience in instructional design along with multiple years of experience in the clinical and teaching field. They have created the course work to meet the needs of students wanting to strengthen their theoretical and practical skills. This comprehensive training covers all content from the ABAT tasklist and is **approved by the QABA Board** as well (one of the first ones in India!). The course is designed to keep learners engaged to advance learning; all modules are taught by experienced BCaBAs , BCBA's, BCBA-D.

## **7. For whom is the foundation of ABA course appropriate?**

While Foundations of ABA was created to meet the instructional requirements for the ABAT credential, this course is appropriate for anyone wishing to learn about the field of Behaviour Analysis. This is an entry level course appropriate for teachers, parents, direct care staff , those working with individuals with autism or other developmental disabilities and anyone else interested in the basics of behavioral science.

## **8. How many hours is the Foundations of ABA training?**

This is a 40-hour training program that covers the ABAT Task List and the relevant ethical code elements.

## **9. How do I complete my internship?**

You can make arrangements at your workplace to record or be observed during your ABA work hours (with consent from the child's parent and your organization's head). Otherwise, you can avail of our offer to intern at the SSC center in Bangalore for 10 days. At the end of the internship you would have to clear the competency assessment for us to sign-off on your certificate for application to sit for the QABA ABAT exam.

During the internship, the supervisor verifying your fieldwork will be required to do so using the online verification system to acknowledge that all credentials and all requirements of the supervised fieldwork have been met. Supervisors will need to be in a position to verify 1 (one) hour of supervision for every 10 hours of independent supervised fieldwork.

## **10. Is this RBT training offered by the QABA?**

This training program is offered independent of the QABA. The QABA board does not offer an ABAT training program.

## **11. Is this course 100 percent online?**

All the coursework is online and may be completed at your own pace up until 1 month after the end of the course. However, the internship has to be in a verifiable offline set-up or on site at our center in Bangalore

**13. Are there specific textbooks required?**

There is no required textbook for the course.

**14. What if I fail to complete the course in the required timeline?**

Applicants can get a 6 month extension, for a valid reason, to complete their coursework. SSC cannot guarantee an internship spot beyond that timeline.

**14. How long does it take to receive the certificate of completion?**

Your Foundations of ABA program certificate of completion will be sent to you via email within three to five business days after you successfully clear your competency assessment. The certificate will be couriered once the competency assessment has been cleared

**15. What would be the structure of the internship?**

The internship will be applicant-driven wherein you would be given an opportunity to observe 2 different clients for 7 days while you record observations w.r.t. behavioral strategies you have learned during the course. Every day the applicant would be given an opportunity to clear doubts with a senior team member. On the 8th day, they would undergo a competency assessment as prescribed by the QABA board.

**16. Can I reapply for the competency assessment?**

Applicants can sit for a re-assessment only once with a payment of a re-exam fee of Rs. 2000 which also includes a 30-60 minute doubt-clearing session with a faculty member, to sit for the re-assessment.

**17. Will SSC provide food and lodging at Bangalore during the internship?**

Applicants would have to make their own arrangements for food, lodging and travel to the SSC center during the internship.



**18. What would be covered in the 40 hours of training?**

The QABA board provides a tasklist that covers the syllabus that applicants should gain knowledge in in the field of ABA. These topics will be covered on a weekly basis via recorded powerpoint presentation videos. Multiple Choice Questions Quizes will need to be cleared for every module along with assignments on some topics. Weekly connect meetings will focus on delivering practical skills on the learned topics as well as on doubt clarification.



**EVERYONE IS  
GOOD AT  
SOMETHING**



**Thank You**