



**Applied Behavior Analysis (ABA)** is a therapy based on the science of learning and behavior, used to support individuals with **Autism Spectrum Disorder (ASD)** and other developmental conditions.

It aims to develop key skills like communication, social, academic, and daily living skills, while managing challenging behaviors to improve **independence** and **quality of life**.

## Applied Behaviour Analysis



**1200+**

Kids impacted

**750,000+**

hrs of ABA Therapy Completed

**5000+**

Assessments

# What is ABA and how does it help children with autism?

Applied Behavior Analysis (ABA) uses positive reinforcement to help children learn to associate specific actions with positive outcomes. Common strategies used in ABA include prompting, reinforcement, and increasing functional communication. While ABA is a widely recommended therapy for autism, it's important to ensure that it is delivered in a way that respects the child's dignity and unique needs.

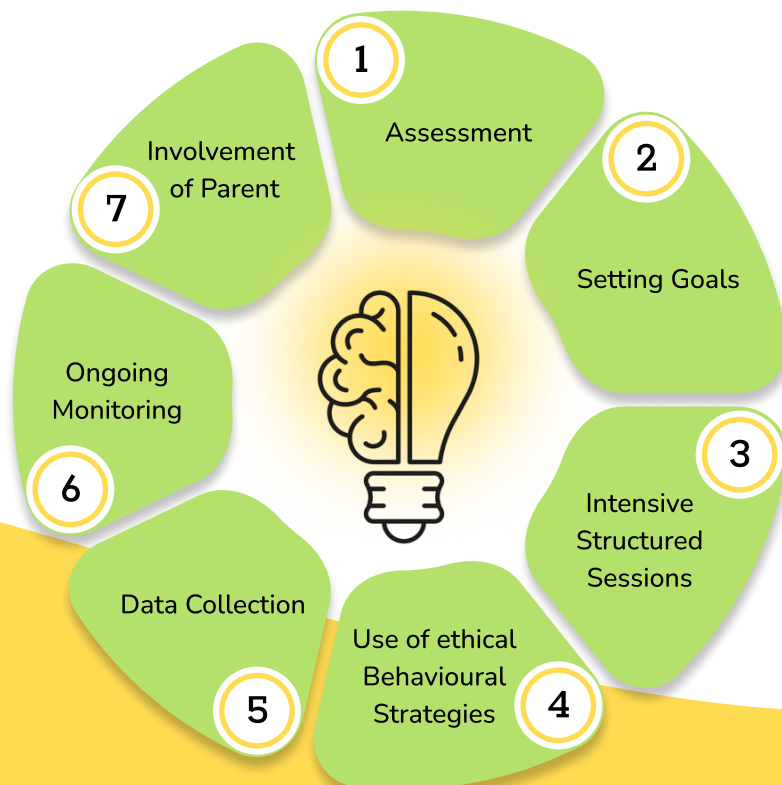


## Effectiveness of ABA

-  Improved Communication Skills
-  Greater Independence
-  Effective Behaviour Management
-  Social and Academic Growth
-  Enhanced Confidence and Well-being
-  Better Focus and Attention

## Process of ABA Therapy

Applied Behaviour Analysis (ABA) is a tailored and intensive therapy for individuals with Autism Spectrum Disorder (ASD). Unlike one-size-fits-all methods, ABA plans are personalized to each child's strengths and areas for improvement, with adjustments made based on progress reported by Behaviour Analysts. This therapy follows a collaborative, team-based approach involving the child, parents, behaviour technicians, and a Board Certified Behaviour Analyst (BCBA) / Qualified Behaviour Analyst (QBA).





## How does SSC follow Evidence Based Practices?

**Evidence based practice** integrates research proven strategies that have been shown to bring about effective change in targeted skills and behaviors.

**Stepping Stones Center**, integrates research based ABA practices, expert knowledge, and input from children and caregivers to provide effective services for positive outcomes.

## What Makes SSC a Leading Early Intervention Service Provider

Early Intensive Behavioral Intervention



SSC's early intervention for ages 1-4 trains parents to understand challenges and apply effective strategies.

Intensive 1X1 ABA sessions



For children over 5 years with developmental delays, SSC offers intensive ABA therapy—2-hour sessions, 5 days a week—to build independence and unlock potential.

Parent Training



Parents are involved at every step from the time of admission weekly and Parent Training Sessions are conducted to enhance their skills to teach and manage their child's behavior at home

Extended ABA sessions (5 hr school format)



For children over 5 years needing extended therapy, SSC provides a holistic approach with Behavior, Occupational, and Speech Therapy to foster development.

Social Skills Group (SSG)



For children over 3 years struggling with social skills, SSC offers 3-hour weekly Social Skills Group sessions (1:2 ratio) to build interaction, group behavior, and responsiveness.

School Readiness Program (SRP)



For children over 5 years facing academic and school adaptation challenges, SSC's School Readiness Program offers 3-hour daily sessions (1:2/1:3 ratio), 5 days a week.

Inclusive Education



For children over 5 years with academic challenges, SSC offers inclusion programs, with resource rooms and personalized plans for holistic learning.

500+

Children Transitioned to Mainstream School

140+

Children in Inclusion Program

6+

Partnership Schools in Bengaluru

2+

Partnership Schools in TN

11+ years

of experience with certified professionals



## Shaping an Inclusive India

Transforming Education for Children with Autism & Developmental Disabilities

# Applied Behaviour Analysis

## Parent Testimonials



**MANIKA SHARMA**  
-FOUNDER Twig2tree Akademia

I've seen a student with severe ADHD make great progress at Stepping Stone, thanks to Amrita and her team's care. Their work boosted the child's confidence and school engagement. Highly recommend for similar challenges.



**SHREEJOY RAY**

Stepping Stones solved the challenge of finding therapists with its integrated multidisciplinary program and ABA approach, which analyzes each child's behavior. Kudos Amritha for benefiting so many families!



**NARAYANAN VENKATESWARAN**

I've seen a student with severe ADHD make great progress at Stepping Stone, thanks to Amrita and her team's personalized care. Their work boosted the child's confidence and school engagement. Highly recommend Stepping Stone for similar challenges.




**VANAJA BOKKA**

My son attended the Early Intervention program and ABA sessions at Stepping Stones Centre. The supportive staff helped improve his learning and focus significantly.

## Contact Us



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