



Shaping an Inclusive India
Transforming Education for Children with Autism & Developmental Disabilities



Occupational therapy helps individuals develop, recover, or maintain daily living and work skills, focusing on improving independence and quality of life for those with physical, sensory, or cognitive challenges.

Occupational Therapy

Occupational Therapy

Parent Testimonials



MANIKA SHARMA
-FOUNDER Twig2tree Akademia

I've seen a student with severe ADHD make great progress at Stepping Stone, thanks to Amrita and her team's care. Their work boosted the child's confidence and school engagement. Highly recommend for similar challenges.



SHREEJOY RAY

Stepping Stones solved the challenge of finding therapists with its integrated multidisciplinary program and ABA approach, which analyzes each child's behavior. Kudos Amrita for benefiting so many families!



NARAYANAN VENKATESWARAN

I've seen a student with severe ADHD make great progress at Stepping Stone, thanks to Amrita and her team's personalized care. Their work boosted the child's confidence and school engagement. Highly recommend Stepping Stone for similar challenges.



VANAJA BOKKA

My son attended the Early Intervention program and ABA sessions at Stepping Stones Centre. The supportive staff helped improve his learning and focus significantly.

Contact Us



9606845322

info@steppingstonescenter.in

stepping-stones-center

stepping_stones_center

Bangalore Marathahalli Sarjapur Whitefield E-City Coimbatore Madurai



Key Areas of Occupational Therapy

- Self-Care
- Fine Motor Skills
- Gross Motor Skills
- Cognitive Skills
- Sensory Processing
- Social and Emotional Skills
- Work and School-Related Skills

2000+

Children Trained

50000+

Hours of Speech Therapy completed

10+ years

of experience of providing service

Why is OT important for Kids with Autism?

Occupational therapy (OT) is crucial for children with Autism Spectrum Disorder (ASD) and other developmental disabilities because it helps them build essential skills for daily living and enhances their overall quality of life. Here's why OT is particularly important for these children:



01 Skill Development

Children with autism may struggle with daily tasks. OT improves motor skills to aid in self-care, play, and social interactions.



02 Enhancing Independence

OT fosters independence by teaching children to manage daily tasks, boosting self-esteem and confidence.



03 Supporting Sensory Processing

Children with autism often have sensory issues. OT helps them manage sensory input, improving comfort in various environments.



04 Improving Social Skills

OT helps children with autism build social skills like playing, taking turns, sharing, and effective communication.



05 Enhancing Cognitive and Academic Skills

Children with developmental disabilities may struggle with cognition. OT improves attention, memory, and problem-solving for success.



06 Encouraging Emotional Regulation

Children with autism and developmental disabilities may struggle with emotional regulation. OT helps develop coping skills.



07 Facilitating Transitions

Children with developmental disabilities may struggle with transitions. OT helps them manage changes, reducing anxiety.



08 Tailored Interventions

OT is individualized, focusing on each child's strengths and challenges to address their specific developmental needs.



09 Family Involvement and Support

OT works with families to ensure consistent strategies at home and school, supporting development and engagement.



10 Long-term Benefits

Early OT improves independence, social skills, and academic performance for children with autism and developmental disabilities.



Occupational Therapy Interventions for Kids with Autism



Occupational therapy focuses on daily activities, or "occupations," like play, social participation, self-care, school tasks, and more. Therapists use personalized approaches to enhance each child's development, addressing their unique needs and promoting independence. These include:

